

Living Together with Dementia

Are you and your partner living with dementia?



Dementia can be difficult to understand and come to terms with, bringing challenges for couples at a time when your relationship with your partner is key.

The [Living Together with Dementia](#) service works with couples, providing support and help with the changes accompanying dementia. It gives you a safe space where you can address the challenges you face together.



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One participant commented:

“Normally, when I bring him tea in bed he doesn’t say very much – but in the last few days it is different, he’s been chatting away... it’s like having the old John back...”

What will it involve?

Working with one person from our specialist team who will think with you about your situation and help you to find new strategies and ways of adjusting together to the changes of dementia.

What will it cost?

As a charity we provide relationship support whatever your financial circumstances. The cost of each session will be based on your income and your overall circumstances, with no minimum fee. The level of your fee will be discussed with you at your first appointment.

To talk to a member of our team and find out more, phone us at

020 7380 1960

or email

appointments@TavistockRelationships.org

or you can visit our website

<https://TavistockRelationships.org>



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Charity registration number: 211058